

Axis Community Health

News Release

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Axis Community Health Receives \$25,000 Kaiser Grant Funding to establish Clinical Nutrition Department

Pleasanton, Calif. -- Axis Community Health, the Tri-Valley's provider of medical, mental health, substance abuse counseling and health education services to the uninsured and underinsured, has received a \$25,000 grant from Kaiser Permanente to establish a Clinical Nutrition Department. The department will help meet the needs of low-income Tri-Valley residents with chronic diseases such as diabetes. The grant will cover initial department startup costs and the recruiting and hiring of a Registered Dietician.

"The establishment of a Clinical Nutrition Department will enable us to improve the delivery of care provided to individuals who have chronic illnesses, with highest priority on diabetics and children and adults who are obese," says Axis CEO Sue Compton. "Other patients to be served include those who have congestive heart disease and hypertension.

"As a result of this funding, specific outcomes will include: (1) improved access to nutrition education activities by low-income Tri-Valley individuals, (2) integration of nutrition education with medical care and behavioral health services; and (3) reduced blood pressure, weight and cholesterol and glucose levels, among our chronically ill patients. The Kaiser Permanente grant will allow us to provide more than 400 hours of nutrition counseling services for Tri-Valley residents over the next year."

Axis Community Health offers medical, mental health, substance abuse counseling and health education services to residents of the Tri-Valley. Founded in 1972 as a licensed nonprofit organization, Axis serves 14,000 community members annually through direct services and school- and community-based education, prevention and treatment programs. The agency operates facilities in Pleasanton, Livermore and Dublin and is supported by local, state and federal funding, foundation grants, client revenues and community donations. Detailed information is available at www.axishealth.org.

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Note to Editor: Axis Community Health CEO Sue Compton is available for interviews at (925) 201-6005 or scompton@axishealth.org.