

Axis Community Health
News Release

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FOR IMMEDIATE RELEASE

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Axis Community Health Names New Head of Teen Program

Pleasanton, Calif. – Axis Community Health, the Tri-Valley’s provider of medical, mental health, substance abuse counseling and health education services to the uninsured and undersinsured, announces that Amie Sousa has been promoted to manager of its Teen Drug & Alcohol Recovery Program. She replaces Debra Eberhart, who resigned to take a new position in San Francisco.

Ms. Sousa graduated from the University of Phoenix with a Bachelor of Science degree in Human Services (BSHS). She initially came to Axis through an 80-hour internship program while working toward her degree. While working with clients and families in the Behavioral Health Division, she led teen groups in developing life skills, conducted face-to-face interviews, drug testing and crisis intervention and assisted with the Proposition 36 court-mandated program. In 2006, Ms. Sousa was hired as a counselor in Axis’ Teen Drug & Alcohol Recovery Program, which, last year, served 159 teens in treatment and 6,000 additional teens in primary prevention activities at assemblies, school visits and the Parent Project.

In her new position, Ms. Sousa will oversee all aspects of the Teen Drug & Alcohol Program. The program includes an outpatient treatment program, extensive community and school outreach through small group meetings, and school-wide activities such as the Choices program and Red Ribbon Week. She will represent Axis in collaborative efforts with other youth services organizations such as SARB (School Attendance Review Board), CVCAN (Castro Valley Community Action Network), Youth To Youth, and Horizons Family Services.

“We are thrilled to have Amie assume this position,” says Axis CEO Sue Compton B.S.N., M.H.S. “She is exceptionally skilled in working with both teens and parents, and she brings a great deal of knowledge, compassion and energy to the department.”

About Axis Community Health

Axis Community Health offers medical, mental health, substance abuse counseling and health education services to residents of the Tri-Valley. Founded in 1972 as a licensed nonprofit organization, Axis serves 14,000 community members annually through direct services and school- and community-based education, prevention and treatment programs. It operates facilities in Pleasanton, Livermore and Dublin. Axis is supported by local, state and federal

funding, foundation grants, client revenues and community donations. Detailed information is available at www.axishealth.org.

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